

2026 Section 3AAA
Boys and Girls Track and Field Championships
Macalester College - 5/27/2026 to 5/29/2026
Results

Boys 100 Meter Dash**9 Advance: Top 1 Each Heat plus Next 6 Best Times**

Section 3AAA: M 10.55 2015 Sam Zenner, Eagan
 State Qual.: , 11.04

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Caleb Kamara	12	Burnsville	, 10.98Q	0.1	3
2 Savion Severson	12	Rosemount	, 11.03Q	+0.0	2
3 Clifford Jones	12	Apple Valley	11.20Q	-0.2	1
4 Zachary Shatek	11	Hastings	, 11.03q	0.1	3
5 Agustin Arias	11	Bloomington Kennedy	11.33q	+0.0	2
6 Ryan Kruger	12	Bloomington Kennedy	11.34q	+0.0	2
7 Kroix Pearson	11	Park	11.37q	-0.2	1
8 Saki-Khan Timah	11	Apple Valley	11.43q	+0.0	2
9 Paxton Alexander	10	Rosemount	11.45q	-0.2	1
10 Richard Boyer	11	Hastings	11.49	0.1	3
11 Keon Lloyd	12	Burnsville	11.49	-0.2	1
12 Elliott Hagen	10	Hastings	11.50	+0.0	2
13 Gabriel Przekurat	11	Park	11.51	0.1	3
14 James Tambah	12	Eagan	11.57	0.1	3
15 Tyler Von Itter	11	Eagan	11.66	+0.0	2
16 Kalani Curtis	10	Apple Valley	11.71	0.1	3
17 Jayden Tameh	10	Eagan	11.77	+0.0	2
18 Jordan Lu	11	Eastview	11.78	-0.2	1
19 Liam Miron	12	Eastview	11.79	0.1	3
20 Torwon Dahn	12	Park	11.84	-0.2	1
21 Ari Shaw	9	Burnsville	11.93	-0.2	1
22 Chase Smith	10	Eastview	12.01	+0.0	2
23 Aramis Merritt	10	Bloomington Kennedy	12.28	0.1	3

Boys 100 Meter Dash

Section 3AAA: M 10.55 2015 Sam Zenner, Eagan
 State Qual.: , 11.04

Name	Year	School	Finals	Wind	Points
Finals					
1 Caleb Kamara	12	Burnsville	10.72,	2.0	12
2 Savion Severson	12	Rosemount	10.84,	2.0	10
3 Zachary Shatek	11	Hastings	10.87,	2.0	8
4 Ryan Kruger	12	Bloomington Kennedy	11.06	2.0	6
5 Clifford Jones	12	Apple Valley	11.13	2.0	5
6 Agustin Arias	11	Bloomington Kennedy	11.21	2.0	4
7 Paxton Alexander	10	Rosemount	11.30	2.0	3
8 Saki-Khan Timah	11	Apple Valley	11.31	2.0	2
9 Kroix Pearson	11	Park	12.96	2.0	1

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Boys 200 Meter Dash**9 Advance: Top 1 Each Heat plus Next 6 Best Times**

Section 3AAA: M 21.22		1998	Jerry Burch, Cretin Derham Hall		
State Qual.: , 22.29					
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1 Lane Hoffman	12	Hastings	21.77Q	2.8	3
2 Zachary Shatek	11	Hastings	, 22.23Q	-1.6	1
3 Caleb Kamara	12	Burnsville	22.35Q	1.4	2
4 Tylan Ward	12	Apple Valley	22.43q	-1.6	1
5 Tristan Haag	10	Apple Valley	22.91q	2.8	3
6 Christian Britnell	10	Rosemount	22.96q	2.8	3
7 Mayon Dixon	12	Rosemount	23.02q	1.4	2
8 Gabriel Przekurat	11	Park	23.06q	-1.6	1
9 Liam Miller	9	Eagan	23.21q	1.4	2
10 Kroix Pearson	11	Park	23.25	1.4	2
11 Laris Yovovi	9	Bloomington Kennedy	23.41	2.8	3
12 Tyler Von Itter	11	Eagan	23.51	2.8	3
13 Saki-Khan Timah	11	Apple Valley	23.61	2.8	3
14 Paxton Alexander	10	Rosemount	23.74	-1.6	1
15 Jordan Lu	11	Eastview	23.92	-1.6	1
16 Liam Miron	12	Eastview	23.96	-1.6	1
17 Cody Weber	10	Hastings	23.99	1.4	2
18 Joshua Ola-Kazeem	11	Park	24.05	-1.6	1
19 Leo Gorman	10	Burnsville	24.14	1.4	2
20 Isaiah Greene	11	Eagan	24.34	1.4	2
21 Cleavonte Benjamin	9	Bloomington Kennedy	24.47	2.8	3
22 Hunter Jacobson	11	Eastview	24.66	1.4	2
23 Everett Dick	11	Burnsville	24.95	-1.6	1
24 Steve Mendez escalante	12	Bloomington Kennedy	25.53	2.8	3

Boys 200 Meter Dash

Section 3AAA: M 21.22		1998	Jerry Burch, Cretin Derham Hall		
State Qual.: , 22.29					
Name	Year	School	Finals	Wind	Points
=====					
Finals					
1 Lane Hoffman	12	Hastings	21.50,	0.7	12
2 Caleb Kamara	12	Burnsville	21.63,	0.7	10
3 Tylan Ward	12	Apple Valley	22.20,	0.7	8
4 Zachary Shatek	11	Hastings	22.22,	0.7	6
5 Christian Britnell	10	Rosemount	22.75	0.7	5
6 Tristan Haag	10	Apple Valley	22.81	0.7	4
7 Gabriel Przekurat	11	Park	22.87	0.7	3
8 Liam Miller	9	Eagan	23.04	0.7	2
9 Mayon Dixon	12	Rosemount	23.29	0.7	1

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Boys 400 Meter Dash**9 Advance: Top 1 Each Heat plus Next 6 Best Times**

Section 3AAA: M 46.87 2024 Dwyne Smith Jr., Apple Valley

State Qual.: , 50.01

Name	Year School	Prelims	H#
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Preliminaries

1 Sebastian Strauss	12 Hastings	, 48.09Q	3
2 Gunner Hanstad	12 Hastings	, 48.30Q	2
3 Braden Rhodes	12 Bloomington Kennedy	, 49.35Q	1
4 Matthew Jelks	12 Hastings	, 49.61q	3
5 Kroix Pearson	11 Park	, 49.94q	1
6 Matthew McGrath	12 Eastview	51.07q	3
7 Omolayomi Tella	10 Rosemount	51.57q	2
8 Eric-Bright Chia	11 Eastview	51.69q	2
9 EJ Heglund	12 Eastview	52.11q	1
10 Grayson Phonprasansack	11 Eagan	52.23	1
11 Kahleo Wendlandt	11 Bloomington Kennedy	52.31	3
12 Jude Owusu-Afriyie	9 Rosemount	52.33	1
13 Adrian Askew	12 Eagan	52.96	2
14 Zechariah Winge	10 Rosemount	53.07	3
15 Square Ongwenyi	11 Burnsville	53.45	2
16 Zachary Sperl	9 Eagan	53.56	1
17 Cleavonte Benjamin	9 Bloomington Kennedy	53.96	1
18 Nathan Adjah-Lanes	10 Burnsville	53.97	2
19 Dylan Davis	12 Park	54.90	3
20 Abram Gordhamer	12 Apple Valley	54.95	3
21 Matthew Korn	12 Apple Valley	55.61	1
22 Bryson Anderson	9 Apple Valley	56.81	2
23 Isaiah Diers	10 Park	58.84	3

Boys 400 Meter Dash

Section 3AAA: M 46.87 2024 Dwyne Smith Jr., Apple Valley

State Qual.: , 50.01

Name	Year School	Finals	Points
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Finals

1 Sebastian Strauss	12 Hastings	47.75,	12
2 Braden Rhodes	12 Bloomington Kennedy	48.45,	10
3 Gunner Hanstad	12 Hastings	48.59,	8
4 Matthew Jelks	12 Hastings	49.33,	6
5 Matthew McGrath	12 Eastview	50.58	5
6 Omolayomi Tella	10 Rosemount	51.68	4
7 EJ Heglund	12 Eastview	51.81	3
8 Eric-Bright Chia	11 Eastview	51.86	2

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Boys 800 Meter Run**9 Advance: Top 1 Each Heat plus Next 6 Best Times**

Section 3AAA: M 1:49.01 2019 AJ Green, Eastview

State Qual.: , 1:56.12

Name	Year	School	Prelims	H#
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Preliminaries

1	Ethan Wilske	12	Eagan	1:57.82Q	3
2	Levi Cinnamo	12	Rosemount	1:58.93Q	1
3	Owen Sampson	10	Eastview	2:00.52Q	2
4	Henry Joa	11	Park	1:58.24q	3
5	William Schmucker	11	Rosemount	1:59.90q	3
6	Gavin Schwans	12	Rosemount	2:00.43q	3
7	Adam Schaeffer	12	Burnsville	2:01.43q	2
8	Liam Frank	12	Eagan	2:01.71q	1
9	Aiden Reuter	12	Hastings	2:02.53q	2
10	Finn Cullen	12	Hastings	2:02.75	1
11	Cole Hagemann	10	Burnsville	2:03.05	1
12	Javier Cruz	11	Bloomington Kennedy	2:03.43	3
13	Avery Nielson	12	Eastview	2:03.67	1
14	Ben Galbari	11	Eagan	2:04.67	2
15	Tyden Tompkins	10	Apple Valley	2:05.90	1
16	Juan Lezama Sanchez	10	Apple Valley	2:05.96	3
17	Cooper Peplinski	9	Eastview	2:06.87	3
18	David Tireman	11	Hastings	2:07.48	2
19	Gordon Sutton	11	Apple Valley	2:07.97	2
20	Hunter Heinz	12	Bloomington Kennedy	2:08.73	2
21	Miles Tepley	11	Bloomington Kennedy	2:22.02	1
--	Thomas Lewis-Manning	11	Burnsville	DQ	1 Lane violation

Boys 800 Meter Run

Section 3AAA: M 1:49.01 2019 AJ Green, Eastview

State Qual.: , 1:56.12

Name	Year	School	Finals	Points
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Finals

1	Ethan Wilske	12	Eagan	1:54.98,	12
2	Adam Schaeffer	12	Burnsville	1:56.26	10
3	Owen Sampson	10	Eastview	1:56.67	8
4	Levi Cinnamo	12	Rosemount	1:56.71	6
5	William Schmucker	11	Rosemount	2:02.13	5
6	Gavin Schwans	12	Rosemount	2:03.65	4
7	Liam Frank	12	Eagan	2:05.04	3
8	Aiden Reuter	12	Hastings	2:05.72	2
9	Henry Joa	11	Park	2:10.19	1

Boys 1600 Meter Run

Section 3AAA: M 4:06.49 2008 Robb Finnerty, Burnsville

State Qual.: , 4:22.40

Name	Year	School	Finals	H#	Points
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1	Luke Bakken	11	Eastview	4:14.31,	2 12
2	Channing Goodwin	11	Rosemount	4:14.47,	2 10

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....Boys 1600 Meter Run

3 Henry Joa	11 Park	4:19.42,	2	8
4 Graham Wood	11 Bloomington Kennedy	4:21.79,	2	6
5 Eli Firchau	12 Park	4:30.77	2	5
6 Abdishakur Mohamud	10 Apple Valley	4:32.82	2	4
7 Isaac Harder	12 Rosemount	4:36.03	2	3
8 Caden Sherman	12 Eastview	4:38.07	2	2
9 Cole Hagemann	10 Burnsville	4:38.56	2	1
10 Julian Hayes	11 Bloomington Kennedy	4:38.80	1	
11 Connor Boyd	12 Eagan	4:38.86	1	
12 Evan Beaudette	10 Rosemount	4:42.27	2	
13 Andrew Lindahl	9 Eagan	4:43.33	1	
14 Yotham Nigussie	10 Apple Valley	4:43.50	1	
15 Dylan Gagnon	12 Eastview	4:45.95	1	
16 Tristan Nguyen	12 Eagan	4:47.92	1	
17 Samuel Kaufman	11 Bloomington Kennedy	4:51.40	1	
18 Ahmar Porter	11 Apple Valley	4:53.80	1	
19 Will Carry	12 Hastings	5:00.24	1	
20 Liam Fleming	11 Park	5:04.89	1	
21 Benjamin Schwanke	10 Hastings	5:12.33	1	
22 Owen Tireman	8 Hastings	5:32.64	1	
23 William White	9 Burnsville	5:37.03	1	

Boys 3200 Meter Run

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 Section 3AAA: M 9:00.49 2008 Robb Finnerty, Burnsville
 State Qual.: , 9:24.82

Name	Year School	Finals	Points
=====			
1 Channing Goodwin	11 Rosemount	9:21.64,	12
2 Luke Bakken	11 Eastview	9:25.51	10
3 Graham Wood	11 Bloomington Kennedy	9:35.11	8
4 Clayton Bill	10 Rosemount	9:44.96	6
5 Caden Sherman	12 Eastview	10:02.59	5
6 Connor Boyd	12 Eagan	10:07.64	4
7 Eli Firchau	12 Park	10:13.25	3
8 Isaac Harder	12 Rosemount	10:17.68	2
9 Dylan Gagnon	12 Eastview	10:17.87	1
10 Samuel Kaufman	11 Bloomington Kennedy	10:18.63	
11 Andrew Lindahl	9 Eagan	10:29.39	
12 Julian Hayes	11 Bloomington Kennedy	10:30.41	
13 Tristan Herbst	12 Hastings	10:34.25	
14 Will Carry	12 Hastings	10:41.65	
15 Rhys Frank	10 Eagan	10:46.54	
16 Liam Fleming	11 Park	11:13.33	
17 John White	12 Burnsville	11:16.77	
18 Leo Fischer	9 Burnsville	11:49.24	

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Boys 110 Meter Hurdles**9 Advance: Top 1 Each Heat plus Next 6 Best Times**

Section 3AAA: M 13.95		2012	Rilwan Alowonle, Park		
State Qual.: , 15.01					
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1 Q Barnslater	12	Apple Valley	15.24Q	0.1	2
2 Kavari Flowers	12	Rosemount	15.27Q	-0.1	3
3 Evan Helgeson	12	Eagan	15.52Q	0.9	1
4 Levi Rost	12	Rosemount	16.99q	0.9	1
5 Ayite michael D'Almeida	11	Bloomington Kennedy	17.27q	0.1	2
6 Spencer Anderson	9	Eastview	17.28q	0.9	1
7 Davion Navarrette	12	Hastings	17.67q	0.9	1
8 Mordecai Ombega	10	Rosemount	18.15q	0.1	2
9 Jack Peterson	9	Apple Valley	18.17q	-0.1	3
10 Alex Eichacker	10	Eagan	18.36	0.1	2
11 Dominic Kamau	10	Park	18.62	0.9	1
12 Derek Benson	12	Eagan	18.67	-0.1	3
13 Nicholas White	12	Burnsville	20.00	0.1	2
14 Adebare (Goodness) Agunb	10	Park	20.46	-0.1	3
15 Ja'hari Daoud	12	Bloomington Kennedy	20.64	0.1	2
16 Matthews Michael	12	Bloomington Kennedy	20.77	0.9	1
17 Liam Magnus	8	Hastings	20.95	-0.1	3
18 Wyatt Hoel	12	Burnsville	21.05	-0.1	3

Boys 110 Meter Hurdles

Section 3AAA: M 13.95		2012	Rilwan Alowonle, Park		
State Qual.: , 15.01					
Name	Year	School	Finals	Wind	Points
=====					
Finals					
1 Kavari Flowers	12	Rosemount	14.61	2.3	12
2 Q Barnslater	12	Apple Valley	14.90	2.3	10
3 Evan Helgeson	12	Eagan	14.96	2.3	8
4 Mordecai Ombega	10	Rosemount	16.66	2.3	6
5 Spencer Anderson	9	Eastview	16.94	2.3	5
6 Ayite michael D'Almeida	11	Bloomington Kennedy	17.04	2.3	4
7 Jack Peterson	9	Apple Valley	17.22	2.3	3
8 Davion Navarrette	12	Hastings	18.32	2.3	2

Boys 300 Meter Hurdles**9 Advance: Top 1 Each Heat plus Next 6 Best Times**

Section 3AAA: M 36.76		2012	Rilwan Alowonle, Park		
State Qual.: , 40.25					
Name	Year	School	Prelims	H#	
=====					
Preliminaries					
1 Finn Macken	10	Rosemount	, 40.00Q	1	
2 Kavari Flowers	12	Rosemount	, 40.09Q	3	
3 Evan Helgeson	12	Eagan	42.35Q	2	
4 Aven Johnson	11	Hastings	43.05q	1	
5 Ashton Arnes	12	Hastings	44.20q	3	

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....Boys 300 Meter Hurdles

6 Alex Eichacker	10 Eagan	44.58q	3
7 Spencer Anderson	9 Eastview	47.03q	1
8 Ayite michael D'Almeida	11 Bloomington Kennedy	47.81q	2
9 Jordan Cornormia	11 Apple Valley	48.00q	3
10 Derek Benson	12 Eagan	48.13	1
11 Nicholas White	12 Burnsville	48.14	2
12 Adebare (Goodness) Agunb	10 Park	48.49	3
13 Dominic Kamau	10 Park	48.79	2
14 Jack Peterson	9 Apple Valley	49.43	2
15 Ja'hari Daoud	12 Bloomington Kennedy	49.65	3
16 Jaidan Joyner	9 Apple Valley	50.62	2
17 Blake Torgersen	12 Bloomington Kennedy	51.50	3
18 Wyatt Hoel	12 Burnsville	51.98	1
19 Davion Navarrette	12 Hastings	55.66	1
20 Samuel Korth	10 Park	55.75	1
-- Dylan Ecklund	11 Burnsville	DQ	1 No Medical Clearance

Boys 300 Meter Hurdles

Section 3AAA: M 36.76 2012 Rilwan Alowonle, Park
 State Qual.: , 40.25

Name	Year School	Finals	Points
Finals			
1 Kavari Flowers	12 Rosemount	38.34,	12
2 Finn Macken	10 Rosemount	39.68,	10
3 Evan Helgeson	12 Eagan	40.34	8
4 Aven Johnson	11 Hastings	42.63	6
5 Ashton Arnes	12 Hastings	43.29	5
6 Alex Eichacker	10 Eagan	43.98	4
7 Ayite michael D'Almeida	11 Bloomington Kennedy	45.12	3
8 Jordan Cornormia	11 Apple Valley	45.68	2
9 Spencer Anderson	9 Eastview	45.81	1

Boys 4x100 Meter Relay**Top 9 Advance by Time**

Section 3AAA: M 41.76 2015 Eagan
 J. Brown, D. Krech, T. Brown, S. Zenner

State Qual.: , 42.69

School	Prelims
Preliminaries	
1 Eagan	, 42.13q
2 Rosemount	, 42.57q
3 Apple Valley	43.30q
4 Hastings	44.21q
5 Bloomington Kennedy	44.32q
6 Park	44.69q
7 Burnsville	45.13q
8 Eastview	45.18q

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Boys 4x100 Meter Relay

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Section 3AAA: M	41.76	2015	Eagan	
			J. Brown, D. Krech, T. Brown, S. Zenner	
State Qual.:	, 42.69			
School			Finals	Points
=====				
Finals				
1 Eagan			42.13,	12
1) Ahmad Khan 12		2) James Tambah 12		
3) Tyler Sperl 12		4) Declan Dwyer 11		
2 Rosemount			42.57,	10
1) Christian Britnell 10		2) Mayon Dixon 12		
3) Kavari Flowers 12		4) Savion Severson 12		
3 Apple Valley			43.30	8
1) Clifford Jones 12		2) Avery Buckner 12		
3) Q Barnslater 12		4) Tylan Ward 12		
4 Hastings			44.21	6
1) Richard Boyer 11		2) Ashton Arnes 12		
3) Elliott Hagen 10		4) Cody Weber 10		
5 Bloomington Kennedy			44.32	5
1) Laris Yovovi 9		2) Cleavonte Benjamin 9		
3) Kahleo Wendlandt 11		4) Agustin Arias 11		
6 Park			44.69	4
1) Gabriel Przekurat 11		2) Joshua Ola-Kazeem 11		
3) Jayveon Wade 12		4) Alexander Djadoo 12		
7 Burnsville			45.13	3
1) Ari Shaw 9		2) Nathan Adjah-Lanes 10		
3) Keon Lloyd 12		4) Joaquin Brown 11		
8 Eastview			45.18	2
1) Jordan Lu 11		2) Liam Miron 12		
3) Chase Smith 10		4) Prineet Subhas 11		

Boys 4x200 Meter Relay**Top 9 Advance by Time**

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Section 3AAA: M	1:26.52	2025	Hastings, Hastings	
			C Zeien, G Hanstad, S Strauss, L Hoffman	
State Qual.:	, 1:29.15			
School			Prelims	
=====				
Preliminaries				
1 Hastings			M 1:25.17q	
2 Eagan			1:29.75q	
3 Burnsville			1:30.24q	
4 Rosemount			1:30.29q	
5 Apple Valley			1:30.87q	
6 Park			1:34.87q	
7 Eastview			1:35.07q	
8 Bloomington Kennedy			1:39.60q	

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Boys 4x200 Meter Relay

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Section 3AAA: M 1:26.52  2025      Hastings, Hastings
                  C Zeien, G Hanstad, S Strauss, L Hoffman

State Qual.: , 1:29.15
School                                     Finals  Points
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Finals

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1 Hastings                                     1:26.10M  12
  1) Gunner Hanstad 12                      2) Zachary Shatek 11
  3) Sebastian Strauss 12                  4) Lane Hoffman 12

2 Eagan                                     1:27.87,  10
  1) Liam Miller 9                          2) Eddie Cotorra Valencia 12
  3) Tyler Sperl 12                       4) Declan Dwyer 11

3 Rosemount                               1:28.67,   8
  1) Christian Britnell 10                 2) Mayon Dixon 12
  3) Isaac Rodenwald 11                   4) Jayden Barker 10

4 Apple Valley                             1:29.70   6
  1) Tylan Ward 12                        2) Lyman Myers 10
  3) Charlie Neequaye 10                  4) Tristan Haag 10

5 Eastview                               1:35.85   5
  1) Hunter Jacobson 11                   2) Maxwell Pemble 11
  3) Chase Smith 10                      4) Prineet Subhas 11

6 Burnsville                             1:36.40   4
  1) Keon Lloyd 12                       2) Everett Dick 11
  3) Ari Shaw 9                          4) Leo Gorman 10

7 Park                                   1:38.94   3
  1) William Cole 10                     2) Dylan Davis 12
  3) Joshua Ola-Kazeem 11                 4) Jayveon Wade 12

8 Bloomington Kennedy                     1:41.88   2
  1) Rafael Santana paulino 12            2) Angel Zumba 11
  3) Steve Mendez escalante 12            4) Aaron Buchanan jr 11

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Boys 4x400 Meter Relay**Top 9 Advance by Time**

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Section 3AAA: M 3:17.38  2025      Hastings, Hastings
                  A Johnson, G Hanstad, J Vickney, S Strauss

State Qual.: , 3:24.57
School                                     Prelims
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Preliminaries

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1 Hastings                                     M 3:17.35q
2 Rosemount                                   , 3:22.83q
3 Eagan                                      , 3:22.89q
4 Burnsville                                3:27.22q
5 Bloomington Kennedy                       3:29.22q
5 Eastview                                  3:29.22q
7 Apple Valley                              3:31.73q

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Boys 4x400 Meter Relay

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Section 3AAA: M 3:17.38  2025      Hastings, Hastings
                   A Johnson, G Hanstad, J Vickney, S Strauss
State Qual.: , 3:24.57
School                                     Finals  Points
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Finals

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1 Hastings                                     3:16.95M  12
  1) Lane Hoffman 12                          2) Gunner Hanstad 12
  3) Brayden Thomsen 12                      4) Sebastian Strauss 12
2 Rosemount                                     3:19.38,  10
  1) Jayden Barker 10                        2) Isaac Rodenwald 11
  3) Finn Macken 10                          4) Levi Cinnamo 12
3 Eagan                                         3:23.17,   8
  1) Andrew Holland 10                      2) Declan Dwyer 11
  3) Ethan Wilske 12                        4) Tyler Sperl 12
4 Eastview                                     3:27.06    6
  1) Eric-Bright Chia 11                    2) Matthew McGrath 12
  3) EJ Heglund 12                          4) Owen Sampson 10
5 Bloomington Kennedy                         3:29.26    5
  1) Kahleo Wendlandt 11                    2) Cleavonte Benjamin 9
  3) Agustin Arias 11                       4) Braden Rhodes 12
6 Apple Valley                               3:40.57    4
  1) Matthew Korn 12                        2) Abram Gordhamer 12
  3) Elie Vogne 10                          4) Gordon Sutton 11
7 Burnsville                               3:42.26    3
  1) Leo Gorman 10                          2) Nathan Adjah-Lanes 10
  3) Square Ongwenyi 11                     4) Cole Hagemann 10

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Boys 4x800 Meter Relay

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Section 3AAA: M 7:50.63  2004      Stillwater
                   E. Saltzmann, B. Odergaard, A. Boldt, J. Watson
State Qual.: , 8:07.59
School                                     Finals  Points
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1 Eagan                                         7:59.60,  12
  1) Ezra Jarosek 11                         2) Grayson Phonprasansack 11
  3) Liam Frank 12                          4) Ethan Wilske 12
2 Rosemount                                     8:06.48,  10
  1) Boston Peterson 11                     2) William Schmucker 11
  3) Clayton Bill 10                       4) Gavin Schwans 12
3 Hastings                                     8:08.74    8
  1) Brayden Thomsen 12                     2) Finn Cullen 12
  3) David Tireman 11                       4) Aiden Reuter 12
4 Apple Valley                               8:20.73    6
  1) Juan Lezama Sanchez 10                  2) Gordon Sutton 11
  3) Yotham Nigussie 10                     4) Abdishakur Mohamud 10
5 Eastview                                     8:39.56    5
  1) Avery Nielson 12                       2) Wesley Johnson 9
  3) Ethan Hegy 9                           4) Cooper Peplinski 9
6 Bloomington Kennedy                         8:54.96    4
  1) Javier Cruz 11                         2) Hunter Heinz 12
  3) Gavin Romness 9                        4) Miles Tepley 11
7 Burnsville                               9:01.31    3

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Section 3AAA: M 6-11 2011 Frankie Veldman, Eastview												
State Qual.: , 6-02												
Name	Year					School					Finals	Points
1 O'Neal Attisso	11					Park					6-04.00,	12
5-02 5-04 5-06 5-08 5-10	6-00 6-01 6-02 6-03 6-04											
PPP PPP PPP PPP O	O PPP XO PPP XXO											
2 Grayson Bates	12					Eastview					6-02.00,	10
5-02 5-04 5-06 5-08 5-10	6-00 6-01 6-02 6-03 6-04											
PPP PPP PPP O XO	XO PPP O PPP XXX											
3 Ehinome Ejodamen	12					Rosemount					6-02.00,	8
5-02 5-04 5-06 5-08 5-10	6-00 6-01 6-02 6-03 6-04											
PPP PPP PPP O O	XO PPP XO PPP XXX											
4 Keon Lloyd	12					Burnsville					6-02.00,	6
5-02 5-04 5-06 5-08 5-10	6-00 6-01 6-02 6-03 6-04											
PPP PPP PPP O XXO	XXO PPP XO PPP XXX											
5 Declan Dwyer	11					Eagan					6-02.00,	5
5-02 5-04 5-06 5-08 5-10	6-00 6-01 6-02 6-03											
PPP PPP PPP PPP PPP	O PPP XXO PPP											
6 Clifford Jones	12					Apple Valley					5-10.00	3.50
5-02 5-04 5-06 5-08 5-10	6-00											
PPP PPP PPP PPP O	XXX											
6 Griffin Bakke	10					Burnsville					5-10.00	3.50
5-02 5-04 5-06 5-08 5-10	6-00											
PPP PPP PPP O O	XXX											
8 Henry Peterson	9					Apple Valley					5-10.00	2
5-02 5-04 5-06 5-08 5-10	6-00											
PPP PPP O XXO XO	XXX											
9 Mordecai Ombega	10					Rosemount					5-10.00	1
5-02 5-04 5-06 5-08 5-10	6-00											
PPP O XXO XXO XO	XXX											
10 Chase Champine	12					Rosemount					5-10.00	
5-02 5-04 5-06 5-08 5-10	6-00											
PPP O O O XXO	XXX											
11 Jacob Meisinger	10					Eagan					5-08.00	
5-02 5-04 5-06 5-08 5-10												
PPP PPP PPP O XXX												
12 Bernard Helgersen	10					Apple Valley					5-08.00	
5-02 5-04 5-06 5-08 5-10												
PPP XO O XXO XXX												
13 Dorell Trotter	10					Burnsville					5-06.00	
5-02 5-04 5-06 5-08												
PPP PPP XO XXX												
14 Ariel Burbul	12					Eagan					5-04.00	
5-02 5-04 5-06												
O XO XXX												
14 Joshua Ola-Kazeem	11					Park					5-04.00	
5-02 5-04 5-06												
O XO XXX												

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....Boys High Jump

16 Henry Naber	9 Hastings	5-04.00
5-02 5-04 5-06		
XXO XO XXX		
17 Cooper Nelson	9 Hastings	5-02.00
5-02 5-04		
O XXX		
17 Ryder Ashcraft	12 Hastings	5-02.00
5-02 5-04		
O XXX		
19 Logan Gullick	9 Eastview	5-02.00
5-02 5-04		
XXO XXX		
-- Dominic Kamau	10 Park	NH
5-02		
XXX		

Boys Pole Vault

Section 3AAA: M 14-08 2019 Alec Wittman, East Ridge

State Qual.: , 13-04

Name	Year	School	Finals	Points
1 Pierce Lewis	12	Eastview	12-06.00	12
10-00 10-06 11-00 11-03 11-06 11-09 12-00 12-03 12-06 12-09 13-00 13-01				
PPP PPP PPP PPP XO PPP O PPP O PPP PPP XXX				
2 Grant Hendrickson	11	Eagan	12-00.00	10
10-00 10-06 11-00 11-03 11-06 11-09 12-00 12-03				
PPP PPP O O PPP XO O XXX				
3 Tyler Lemke	12	Apple Valley	11-06.00	8
10-00 10-06 11-00 11-03 11-06 11-09 12-00				
PPP PPP O PPP O PPP XXX				
4 Owen Schultz	12	Apple Valley	11-00.00	5.50
10-00 10-06 11-00 11-03				
PPP O O XXX				
4 William Huber	12	Apple Valley	11-00.00	5.50
10-00 10-06 11-00 11-03 11-06				
PPP PPP O PPP XXX				
6 Micah Rodenwald	9	Rosemount	10-06.00	4
10-00 10-06 11-00				
PPP XXO XXX				
7 Cole Ebeling	11	Hastings	10-00.00	3
10-00 10-06				
XXO XXX				
-- Joseph Morrow	11	Eagan	NH	
10-00				
XXX				
-- Kionsi Graham	10	Burnsville	NH	
10-00				
XXX				
-- Samuel Taylor	11	Hastings	NH	
10-00				
XXX				

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....Boys Pole Vault

-- Alexander Culp	10 Hastings	NH
10-00		
XXX		
-- Blake Torgersen	12 Bloomington Kennedy	NH
10-00		
XXX		
-- William McMenomy	9 Rosemount	NH
10-00		
XXX		
-- Devin Flynn	12 Burnsville	NH
10-00		
XXX		
-- Leo Chhang	10 Eastview	NH
10-00		
XXX		

Boys Long Jump

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Section 3AAA: M 24-00.25 2007				B.J. Otto, Hill Murray			
State Qual.: , 21-06							
Name	Year	School	Finals	Wind	H#	Points	
=====							
1 Ryan Kruger	12	Bloomington Kennedy	21-05.75	0.2	2	12	
FOUL	20-09.25(1.0)	20-05.75(1.4)	21-00(+0.0)	21-05.75(0.2)			
2 Charlie Neequaye	10	Apple Valley	20-11.75	+0.0	2	10	
FOUL	20-11.75(+0.0)	20-05.50(+0.0)	20-01(+0.0)	FOUL			
3 Nathan Adjah-Lanes	10	Burnsville	20-07.50	1.3	2	8	
18-07.25(0.7)	20-04(1.1)	20-07.50(1.3)	18-09.50(+0.0)	18-08.25(-1.6)	FOUL		
4 O'Neal Attisso	11	Park	20-04.25	2.3	2	6	
19-09.25(1.7)	20-02(2.5)	18-11.50(0.9)	19-11.50(1.4)	FOUL	20-04.25(2.3)		
5 Andrew Countryman	10	Eagan	20-04.00	2.2	2	5	
FOUL	20-04(2.2)	20-03(+0.0)	19-02.75(1.4)	19-10(+0.0)	FOUL		
6 Griffin Bakke	10	Burnsville	19-10.50	1.4	2	4	
19-06.50(1.5)	19-10.50(1.4)	FOUL	15-02.75(1.1)	FOUL	19-06(+0.0)		
7 Alexander Lee	12	Burnsville	19-08.75	1.1	1	3	
18-03.25(3.1)	19-08.75(1.1)	FOUL	18-03.75(0.7)	FOUL	18-02.25(+0.0)		
8 Awbre Henry Jr.	11	Rosemount	19-07.50	0.4	2	2	
FOUL	19-05(1.5)	FOUL	FOUL	19-07.50(0.4)			
9 Jayveon Wade	12	Park	19-07.00	1.1	2	1	
FOUL	19-05.50(1.8)	19-07(1.1)	19-02.25(1.5)	FOUL	FOUL		
10 Landon Johnson	12	Hastings	19-04.75	1.9	1		
FOUL	19-04.50(1.9)	19-04.75(1.9)	FOUL	18-09.75(+0.0)	18-08.50(-1.2)		
11 Aramis Merritt	10	Bloomington Kennedy	19-00.75	+0.0	2		
FOUL	19-00.75(+0.0)	FOUL					
12 Jude Owusu-Afriyie	9	Rosemount	19-00.25	1.6	1		
18-08.50(-2.5)	19-00.25(1.6)	FOUL					
13 Henry Naber	9	Hastings	18-10.25	1.7	1		
18-10.25(1.7)	18-05.25(2.2)	FOUL					
14 Bilal Bashaewuth	9	Rosemount	18-08.75	0.6	2		
18-08.75(0.6)	FOUL	FOUL					
15 Ricardo Santos Jr	10	Park	18-08.25	1.1	1		
18-00.50(1.0)	18-08.25(1.1)	FOUL					
16 Jack Logan	10	Eagan	18-06.00	1.5	1		
18-06(1.5)	18-02.25(1.7)	FOUL					

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....Boys Long Jump

17	Ryder Ashcraft	12 Hastings	18-05.00	2.3	1
	18-00.25(1.3)	18-05(2.3)	17-09(0.9)		
18	Spencer Anderson	9 Eastview	16-07.50	1.5	1
	15-08.50(2.1)	16-07.50(1.5)	14-01.25(+0.0)		

Boys Triple Jump

Section 3AAA: M 48-02 1989 Tyron Minor, St. Paul Central

State Qual.: , 43-09

Name	Year	School	Finals	Wind	H#	Points
1 Joaquin Brown	11	Burnsville	44-06.50,	NWI	2	12
43-06(-0.0)	44-01(+0.0)	44-06.50(-0.0)	PASS	PASS		
2 Ryan Kruger	12	Bloomington Kennedy	44-04.50,	NWI	2	10
43-04(-0.0)	FOUL	42-06.25(-0.0)	42-11.75(-0.0)	43-04.50(-0.0)	44-04.50(-0.0)	
3 Thomas Subah	11	Burnsville	43-06.25	NWI	2	8
FOUL	FOUL	40-00.75(-0.0)	42-00.50(-0.0)	43-06.25(-0.0)	FOUL	
4 Bilal Bashaewuth	9	Rosemount	43-04.50	NWI	2	6
39-11(-0.0)	40-09.25(-0.0)	40-04(-0.0)	40-00.25(-0.0)	38-11(-0.0)	43-04.50(-0.0)	
5 O'Neal Attisso	11	Park	43-02.00	NWI	2	5
40-06.25(-0.0)	40-11(-0.0)	40-05(-0.0)	40-08(-0.0)	40-08(-0.0)	43-02(-0.0)	
6 Ricardo Santos Jr	10	Park	42-05.00	NWI	2	4
42-03(-0.0)	39-03(-0.0)	40-08.75(-0.0)	40-11(-0.0)	40-11.50(-0.0)	42-05(-0.0)	
7 Arlo Keeler	12	Eagan	40-11.50	NWI	1	3
38-08.75(-0.0)	39-05(1.3)	FOUL	FOUL	39-05(-0.0)	40-11.50(-0.0)	
8 Jude Owusu-Afriyie	9	Rosemount	40-05.00	NWI	2	2
39-06.75(-0.0)	39-09.25(-0.0)	38-06.50(-0.0)	39-02.75(-0.0)	40-05(-0.0)	38-03(-0.0)	
9 Ariel Burbul	12	Eagan	40-03.00	NWI	2	1
40-03(-0.0)	38-04(-0.0)	37-09.50(-0.0)	39-01.50(-0.0)	FOUL	37-09.50(-0.0)	
10 Henry Naber	9	Hastings	40-02.50	NWI	2	
40-02.50(-0.0)	39-00(-0.0)	37-04(-0.0)	39-05.25(-0.0)	38-01(-0.0)	39-05.50(-0.0)	
11 Abdourahmane Dia	11	Apple Valley	39-04.50	NWI	2	
39-04.50(-0.0)	39-04(-0.0)	FOUL				
12 Aramis Merritt	10	Bloomington Kennedy	39-04.00	0.8	1	
FOUL	FOUL	39-04(0.8)				
13 Alexander Lee	12	Burnsville	39-01.00	NWI	2	
FOUL	39-01(-0.0)	38-10.50(-0.0)				
14 Yotham Nigussie	10	Apple Valley	38-10.00	1.6	1	
35-04(0.2)	37-03.50(1.6)	38-10(1.6)				
15 Owen Schultz	12	Apple Valley	38-06.50	0.6	1	
38-01(0.5)	38-00.50(0.5)	38-06.50(0.6)				
16 Davion Navarrette	12	Hastings	37-08.00	0.7	1	
35-06(0.6)	35-10(0.3)	37-08(0.7)				
17 Ryder Ashcraft	12	Hastings	37-04.50	1.2	1	
36-08.25(0.7)	37-01(0.5)	37-04.50(1.2)				
18 Jayveon Wade	12	Park	36-09.50	1.5	1	
35-05.25(+0.0)	FOUL	36-09.50(1.5)				
19 Awbre Henry Jr.	11	Rosemount	36-05.75	0.4	1	
35-01.75(0.4)	FOUL	36-05.75(0.4)				
20 Grayson Bates	12	Eastview	35-05.25	0.9	1	
FOUL	35-05.25(0.9)	FOUL				
21 Gavin Lian	11	Eastview	33-01.00	+0.0	1	
FOUL	FOUL	33-01(+0.0)				

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....Boys Triple Jump

22 Easton Scott	11 Bloomington Kennedy	31-02.00	+0.0	1
31-02(+0.0) FOUL	FOUL			
-- Grant Hendrickson	11 Eagan	FOUL		2
FOUL FOUL FOUL				

Boys Shot Put

Section 3AAA: M 61-08.75 5/31/2023 Hayden Bills, Rosemount

State Qual.: , 50-09

Name	Year School	Finals	H#	Points
1 Adam Hanson	12 Rosemount	53-06.00,	2	12
53-04.75 FOUL FOUL	53-06 53-02 FOUL			
2 Max Krehbiel	11 Rosemount	52-08.75,	2	10
51-10.50 51-07 52-08.75	FOUL 51-09.75 FOUL			
3 Brady Struble	12 Rosemount	51-02.00,	2	8
49-09 51-02 FOUL FOUL	49-10.50 49-08			
4 Jayveon Kelly	12 Bloomington Kennedy	50-05.00	2	6
50-05 48-10 48-00.50	48-07 48-05.75 FOUL			
5 Christian Garcia Canete	11 Eagan	47-01.25	2	5
43-07 47-01.25 47-00.50	45-03.75 FOUL FOUL			
6 Joseph Jackson	12 Apple Valley	45-04.25	2	4
44-09.25 44-00.75 45-04.25	44-05.50 42-04 43-04.50			
7 Braylin Battee	11 Apple Valley	45-02.00	2	3
43-07.50 FOUL FOUL	39-08.75 44-01 45-02			
8 Aidan Boche	12 Park	44-11.00	2	2
44-11 42-10.25 42-04.75	42-05 FOUL 43-11			
9 Carlos Noriega	10 Burnsville	44-03.25	2	1
42-06 FOUL 42-05 44-03.25	44-03 43-03			
10 Daniel Foss	9 Hastings	42-03.25	1	
42-03.25 FOUL 40-07.75	FOUL FOUL FOUL			
11 Harrison Brandt	12 Eagan	41-00.50	2	
FOUL 41-00.50 FOUL				
12 Kirubel Teferi	12 Apple Valley	40-02.50	2	
FOUL FOUL 40-02.50				
13 Finnley Olsen	10 Hastings	40-02.00	1	
40-02 39-02.50 37-05.75				
14 Xavier Timm	11 Hastings	37-06.00	2	
37-06 FOUL FOUL				
15 Gabriel Granger	10 Eastview	36-07.25	1	
36-07.25 FOUL FOUL				
16 Lincoln Zilka	10 Burnsville	36-06.50	1	
36-06.50 34-00.50 33-06.75				
17 Leam Hieserich	9 Park	36-01.75	1	
33-05 36-01.75 35-06.25				
18 Van Kassabian	10 Park	35-06.75	1	
35-00.25 34-10.75 35-06.75				
19 Owen Bauer	10 Eastview	35-04.00	1	
35-04 34-01.25 FOUL				
20 Ethan Besch	11 Bloomington Kennedy	35-01.00	1	
30-11.25 35-01 34-10.50				
21 Kamarh Woods	12 Burnsville	35-00.50	1	
35-00.50 FOUL FOUL				

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....Boys Shot Put

22	Kennith Tan	10	Eastview	34-00.75	1
	FOUL FOUL 34-00.75				
23	Ty Malczewski	12	Bloomington Kennedy	28-07.25	1
	FOUL 28-07.25 25-09				

Boys Discus Throw

Section 3AAA: M 192-09 6/2/2023 Hayden Bills, Rosemount

State Qual.: , 149-09

Name	Year	School	Finals	H#	Points
1 Wyatt Alexander	11	Rosemount	162-05,	2	12
159-02 162-05 141-04		FOUL FOUL FOUL			
2 Carlos Noriega	10	Burnsville	155-09,	2	10
155-09 147-07 146-00		138-07 144-10 147-06			
3 Adam Hanson	12	Rosemount	152-09,	2	8
132-01 FOUL 146-00		FOUL 152-09 FOUL			
4 Aidan Boche	12	Park	136-04	2	6
136-04 134-00 129-10		135-05 FOUL FOUL			
5 Jayveon Kelly	12	Bloomington Kennedy	131-08	2	5
130-08 FOUL 112-11		FOUL 123-11 131-08			
6 Kirubel Teferi	12	Apple Valley	129-10	2	4
126-00 FOUL 124-05		113-03 114-01 129-10			
7 Joseph Matuszewski	12	Eagan	127-06	1	3
124-04 114-00 117-02		127-06 124-07 115-02			
8 Daniel Foss	9	Hastings	123-03	2	2
123-03 100-06 110-05		116-04 121-09 109-09			
9 Brady Struble	12	Rosemount	122-05	2	1
FOUL 104-05 122-05		FOUL FOUL FOUL			
10 Gabriel Granger	10	Eastview	120-06	2	
119-08 107-09 115-08		115-08 FOUL 120-06			
11 Finnley Olsen	10	Hastings	119-00	1	
FOUL 119-00 FOUL					
12 Lincoln Zilka	10	Burnsville	118-03	1	
FOUL FOUL 118-03					
13 Joseph Jackson	12	Apple Valley	116-08	2	
104-11 116-08 95-04					
14 Kennith Tan	10	Eastview	112-11	1	
FOUL 109-09 112-11					
15 Noah Holmes	12	Bloomington Kennedy	108-05	1	
104-03 108-05 FOUL					
16 Braylin Battee	11	Apple Valley	106-04	2	
95-01 106-04 FOUL					
17 Lucas Sardeson	9	Park	106-01	1	
FOUL 106-01 105-09					
18 Ethan Besch	11	Bloomington Kennedy	102-11	1	
87-05 94-09 102-11					
19 Harrison Brandt	12	Eagan	101-11	2	
101-11 FOUL FOUL					
20 Jackson Clark	10	Hastings	98-11	1	
98-11 83-00 74-04					
21 Owen Bauer	10	Eastview	93-02	1	
93-02 FOUL FOUL					

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....Boys Discus Throw

22 Michael Bennett	11 Park	87-11	1
87-04 86-06 87-11			
23 Aiden Steward	10 Burnsville	85-06	1
85-06 FOUL 83-01			

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Men - Team Rankings - 18 Events Scored

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1) Rosemount	223	2) Eagan	115
3) Hastings	110	4) Apple Valley	107.50
5) Burnsville	101.50	6) Eastview	94
7) Bloomington Kennedy	90	8) Park	64